

2013-2014 Swimming Canada FEMALE STANDARDS - AGE GROUP CHAMPIONSHIPS										
12 & u	13	14	15	16-18	EVENT	16-18	15	14	13	12 & u
LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM
29.50	28.80	28.40	28.10	28.00	50 free	27.10	27.40	27.70	28.00	28.90
1:04.50	1:03.00	1:01.40	1:00.80	59.90	100 free	58.10	59.30	1:00.10	1:01.60	1:03.10
2:20.10	2:16.40	2:12.90	2:11.60	2:10.50	200 free	2:06.60	2:08.10	2:09.90	2:13.30	2:17.40
4:56.50	4:49.10	4:42.40	4:39.10	4:37.70	400 free	4:29.40	4:31.50	4:34.30	4:40.80	4:51.90
10:17.20	9:59.10	9:46.50	9:39.70	9:34.10	800 free	9:16.90	9:23.10	9:28.20	9:41.00	10:04.30
20:18.00	19:32.70	18:59.30	18:51.10	18:48.00	1500 free	18:14.00	18:16.60	18:27.30	19:02.10	19:46.60
34.70	33.80	32.90	32.50	32.30	50 back	31.30	31.30	31.80	32.30	33.40
1:14.30	1:12.20	1:10.10	1:08.90	1:08.80	100 back	1:06.20	1:06.20	1:07.40	1:09.30	1:11.30
2:39.50	2:34.70	2:30.90	2:28.60	2:28.60	200 back	2:22.10	2:22.10	2:25.20	2:28.40	2:33.40
38.60	37.30	36.70	36.50	35.70	50 breast	34.60	35.50	35.90	36.40	37.60
1:23.50	1:21.90	1:19.70	1:19.00	1:18.20	100 breast	1:15.80	1:16.30	1:16.80	1:18.80	1:21.10
3:00.40	2:55.70	2:51.70	2:50.30	2:49.80	200 breast	2:44.40	2:44.40	2:45.90	2:49.30	2:54.60
32.50	31.30	30.80	30.40	29.70	50 fly	28.80	30.00	30.40	31.10	32.10
1:13.20	1:10.70	1:08.40	1:07.30	1:06.00	100 fly	1:04.00	1:05.80	1:06.90	1:09.30	1:11.70
2:46.20	2:39.40	2:33.90	2:31.50	2:27.80	200 fly	2:23.40	2:27.10	2:29.70	2:34.70	2:40.80
2:40.20	2:35.60	2:32.00	2:30.20	2:28.30	200 IM	2:23.80	2:25.30	2:27.40	2:31.20	2:35.40
5:41.40	5:31.50	5:22.80	5:19.10	5:18.50	400 IM	5:07.90	5:07.90	5:12.70	5:20.30	5:29.80

2013-2014 Swimming Canada MALE STANDARDS - AGE GROUP CHAMPIONSHIPS										
13 & u	14	15	16	17-18	EVENT	17-18	16	15	14	13 & u
LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM
27.30	26.40	25.90	25.50	24.80	50 free	24.10	24.70	25.20	25.60	26.70
59.70	57.80	56.30	55.20	53.60	100 free	52.30	53.80	54.90	56.50	58.20
2:11.70	2:06.50	2:03.10	2:00.90	1:57.70	200 free	1:54.00	1:57.00	1:59.40	2:02.60	2:07.90
4:41.50	4:30.20	4:24.00	4:18.80	4:12.70	400 free	4:04.30	4:10.00	4:14.70	4:21.80	4:32.00
9:52.20	9:34.40	9:20.30	9:14.00	9:02.90	800 free	8:40.70	8:49.10	8:56.00	9:09.80	9:30.30
18:39.50	18:02.40	17:39.50	17:28.70	17:06.70	1500 free	16:31.90	16:53.50	17:02.90	17:28.90	18:10.00
32.40	30.90	30.40	29.80	28.90	50 back	27.50	28.70	29.10	29.60	31.20
1:09.20	1:06.50	1:04.40	1:03.20	1:01.30	100 back	58.30	1:00.40	1:01.70	1:03.70	1:06.10
2:31.80	2:23.70	2:19.20	2:17.00	2:13.70	200 back	2:06.80	2:10.90	2:13.50	2:17.50	2:23.40
36.00	34.10	33.60	33.00	31.70	50 breast	30.80	32.20	32.70	33.40	35.20
1:18.10	1:15.30	1:13.40	1:11.70	1:09.40	100 breast	1:06.40	1:09.10	1:10.50	1:12.40	1:15.30
2:50.00	2:44.00	2:40.20	2:37.10	2:32.20	200 breast	2:24.60	2:30.50	2:33.60	2:38.00	2:44.50
30.00	28.80	28.10	27.60	26.80	50 fly	26.20	27.20	27.80	28.40	29.70
1:07.20	1:04.00	1:02.00	1:00.80	58.80	100 fly	57.70	59.60	1:00.80	1:02.80	1:06.10
2:32.60	2:26.00	2:20.80	2:17.60	2:13.10	200 fly	2:09.00	2:13.80	2:17.20	2:21.70	2:29.60
2:29.70	2:24.00	2:20.40	2:17.70	2:13.80	200 IM	2:09.30	2:13.50	2:15.80	2:19.20	2:25.00
5:19.20	5:07.90	5:00.30	4:55.80	4:50.20	400 IM	4:38.00	4:44.80	4:50.50	4:58.20	5:09.50

The **Qualifying Period** for all Swimming Canada meets in 2013-2014 shall be September 1, 2012 to the published entry deadline for the competition.

The **Entry Age** for all Swimming Canada meets shall be the swimmer's age as of the first day of the meet.

Please Note: Time standards are generated for all events. This does not presume that all events will be offered at all competitions. Where an event is not offered at a competition the entry standard for that event cannot be used to access other events